MESA MATTERS

Create, connect, and collaborate…for life! November 27, 2017

Upcoming Events
See attached flyers for details

Now thru Dec 13	Mesa Canned Food and Jacket Drive
Now thru Dec 29	Mesa District of Choice Applications available Due by Dec 29 (Post marked by)
Mon Nov 27	Welcome Back to School!
Mon Nov 27	3:30pm, Jr Hi Flag Football @ CAPE
Tue Nov 28	Jr Hi Student of the Quarter Assembly PFO Hospitality - Coffee / Pastries 8:40am, Cafeteria
Tue Nov 28	3:30pm, Jr Hi Girls Volleyball @ Monte Vista
Wed Nov 29	Early Dismissal Day 1:00/05pm Dismissal
Wed Nov 29	Restaurant Night– Five Guys 4:00-9:00pm, The Collection in Oxnard
Thu Nov 30	4:30pm, Jr Hi Girls Volleyball @ Monte Vista
Fri Dec 1	Spirit Fridays - Wear Your Spirit Shirts! 8:15am, New Spirit Wear on Sale
Fri Dec 1	Elementary Student of the Month Assembly PFO Hospitality - Coffee / Krispy Kreme 8:40am, Grades TK-2 9:20am, Grades 3-5
Tue Dec 5	4:30pm, Jr Hi Girls Volleyball @ Monte Vista
Wed Dec 6	Early Dismissal Day 1:00/05pm Dismissal
Thu Dec 7	Parent English Learner Advisory Council 8:40am, MPR (District)
Thu Dec 7	Parent Advisory Council Meeting 6:00pm, MPR (District)
Fri Dec 8	Spirit Fridays - Wear Your Spirit Shirts!
Fri Dec 8	Free Family Movie Night - Santa Clause Enjoy Hotdogs, Popcorn & Cotton Candy 5:30pm, Cafeteria - Bring pillows/blankets

Free Mesa Family Movie Night

Friday - Dec 8

5:30-8:30pm

Enjoy hotdogs, popcorn, cotton candy with Mesa Families and Friends!

info@mesapfo.org

Principal's Message

Dear Mesa Families,

Welcome Back from Thanksgiving Break! I hope your time with family, friends, and food was relaxing and rejuvenating! I'm looking forward to receiving the postcards that you sent in over the break. Time sure flies, so I can say Happy December on Friday!

Tomorrow at 8:40am is our first junior high awards assembly and I'm looking forward to honoring the hard working students for their achievement and accomplishments. Thank you to our wonderful PFO for providing morning refreshments to all the parents attending the awards assemblies (and Friday is our elementary school awards assemblies.)

Wednesday morning, we will have our SENG (Supporting the Emotional Needs of the Gifted) support group where parents will discuss "Perspectives and Flexible Thinking: Communicati Processes." Our SENG parent meetings have been well received and are very high quality. Please see the flyer attached.

On Wednesday, starting at 4:00pm will be our November PFO Restaurant Night at Five Guys in Oxnard at The Collection. Superintendent Turner and I will be there from about 5:00pm on, as will many of your friends. I hope you'll join us…see you there!

Mesa's Canned Food and Jacket Drive starts today and runs through December 13th. Please bring canned and dry goods o your child's classroom. Drop off gently used sweaters and jackets of all sizes on the table in the Kindergarten Courtyard. Thanking you in advance for assisting needy families in our community, allowing them to enjoy the holiday season in ways that would not be possible without your support and generosity. Please see the attached flyer for more information.

Our 6th Grade Girls Volleyball Team is the Oxnard League Champions! They went undefeated during the season and beat out Freemont the Wednesday before fall break. Congratulations! Our 7/8 Girls Volleyball and 7/8 Flag Football are working toward playoff in the Camarillo League.

Looking ahead, Friday, December 22nd begins Winter Break; students are off of school on December 22nd, and for the two weeks following. School will resume on Monday, January 8th.

Wishing you a wonderful week. Warmly,

Restaurant Night!

Wednesday November 29

Five Guys - Famous Burgers & Fries

The Collection Riverpark

4:00pm-9:00pm Dine-In or Take-Out

Mention Mesa Union School PFO

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MAKE SURE YOU AmazonSmile during your holiday shopping!

When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Mesa Union PFO. **Just select *Mesa Union PFO* as your charity.** AmazonSmile will link to your Amazon account automatically and shop as usual.

Mesa Union School - 3901 Mesa School Road, Somis CA, 93066 Tel. 805.485.1411
Dr. Stephen Bluestein, *Principal*, sbluestein@mesaschool.org - Peter Lan, *MM Editor,* MMeditor@mesaschool.org

MESA MATTERS

Crear, conectar y colaborar...por vida!

27 de Noviembre 2017

Próximos Eventos

Ver volantes adjuntos para los detalles

Ahora a Dec 13	La Campana de Alimentos Enlatados y Chamarra de Mesa
Ahora a Dec 29	Mesa District of Choice Aplicaciones Due by Dec 29 (Post marked by)
Mon Nov 27	Bienvenido de regreso a la escuela!
Mon Nov 27	3:30pm, Jr Hi Flag Football @ CAPE
Tue Nov 28	Jr Hi Student of the Quarter Assembly PFO Hospitalidad - Café / Pasteles 8:40am, Cafeteria
Tue Nov 28	3:30pm, Jr Hi Girls Voleibol @ Monte Vista
Wed Nov 29	Día de Salida Temprano 1:00/05pm Despida
Wed Nov 29	Noche de Restaurant - Five Guys The Collection in Oxnard
Thu Nov 30	4:30pm, Jr Hi Girls Voleibol @ Monte Vista
Fri Dec 1	¡Lleve sus camisas del Mesa Union hoy! 8:15am, Nuevas camisetas en oferta
Fri Dec 1	Asamblea del estudiante del mes PFO Hospitalidad - Café / Krispy Kreme 8:40am, Grados TK-2 9:20am, Grados 3-5
Tue Dec 5	4:30pm, Jr Hi Girls Voleibol @ Monte Vista
Wed Dec 6	Día de Salida Temprano 1:00/05pm Despida
Thu Dec 7	Parent English Learner Advisory Council 8:40am, MPR (District)
Thu Dec 7	Parent Advisory Council Meeting 6:00pm, MPR (District)
Fri Dec 8	¡Lleve sus camisas del Mesa Union hoy!
Fri Dec 8	Gratis Family Movie Night - Santa Clause Disfruta Hotdogs, Popcorn & Cotton Candy 5:30pm, Cafetería - Trae almohadas/mantas

Gratis - Mesa Noche de Película

Viernes - Dec 8

5:30-8:30pm

¡Disfruta hotdogs, popcorn, cotton candy con Mesa Familias and Amigos!

info@mesapfo.org

Mensaje del Director

Queridas Familias de Mesa:

Bienvenidos de regreso después de las vacaciones de Acción de Gracias. Espero que su tiempo y el de su familia y amigos haya sido de relajamiento y de rejuvenecimiento. Estoy ansioso de esperar las postales que hayan enviado en sus vacaciones. El tiempo vuela y este Viernes podré decir Feliz Diciembre!

Mañana a las 8:40am es nuestra primera asamblea de premiación de secundaria y estoy feliz de honrar el de estos estudiantes que trabajan duro para alcanzar sus metas y logros. Gracias a la maravillosa PFO por proveer los refrigerios para todos los padres de familia que asistiran a la ceremonia de premiación. (y el Viernes es la asamblea de premiación de primaria)

El Miércoles por la mañana, se llevará a cabo la junta de SENG (Soporte Emocional para las Necesidades de los Estudiantes Prodigio) en la cual los padres de familia hablarán sobre las Perspectivas del Pensamiento Flexible: Procesos de Comunicación. Wednesday morning, we will have our SENG (Supporting the Emotional Needs of the Gifted) support where parents will discuss "Perspectives and Flexible Thinking: Communication Processes." Nuestras juntas de padres SENG has sido bien recibidas y son de alta calidad.Vea el volante adjunto.

El Miércoles también se llevará a cabo la Noche de Restaurant a partir de las 4:00 pm en el Restaurante On Five Guys en "The Collection" en Oxnard. El Superintendente Turner y yo estaremos ahí a partir de las 5:00pm al igual que muchos de sus amigos. Espero nos puedan acompañar … ahi nos vemos!

La Campana de Alimentos Enlatados y Chamarra de Mesa comienza hoy y termina el 13 de Diciembre. Por favor envíe productos enlatados al salón de su estudiante. Así como también envié chamarras y suéteres en buenas condiciones y depositarlas en la mesa del patio de Kindergarten. Agradeciendo de antemano por apoyar a las familias de escasos recursos de nuestra comunidad, permitiéndoles disfrutar de las fiestas. Vea el volante adjunto para mayor información.

¡Nuestro Equipo de Voleibol de Niñas de Grado 6 es los Campeones de la Liga de Oxnard! Fueron invictos durante la temporada y vencieron a Freemont el miércoles antes de las vacaciones de otoño. ¡Felicitaciones! Nuestro 7/8 Girls Volleyball y 7/8 Flag Football están trabajando para el desempate en la Camarillo League.

El Viernes 22 de Diciembre comienzan nuestras vacaciones de Invierno, los estudiantes saldrán el Viernes 22 de Diciembre y estarán fuera de clases las siguientes 2 semanas. Las clases comenzarán de nuevo el Lunes 8 de Enero. Les deseo una semana maravillosa.

Calurosamente,

CLICK HERE for amazonsmile You shop. Amazon gives.

ASEGÚRESE DE AmazonSmile durante tus compras navideñas!

Cuando compre en smile.amazon.com, encontrará exactamente los mismos precios bajos, amplia selección y experiencia de compra conveniente que Amazon.com, con la ventaja adicional de que Amazon donará una porción del precio de compra a Mesa Union PFO. Simplemente seleccione **Mesa Union PFO** como su caridad. AmazonSmile se vinculará a su cuenta de Amazon automáticamente y comprará como de costumbre.

MESA Union School District | PFO | PFO NEWSFLASH

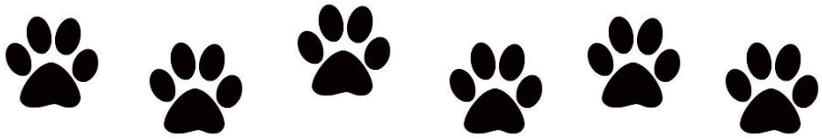
MESA UNION ATHLETICS

Mesa Sports Update

A BIG CONGRATULATIONS to our UNDEFEATED 6th grade team who played a perfect season in the Oxnard League! They brought the 1st place championship trophy home after battling it out against Fremont all the way to a set 3! Way to go ladies! Thank you to our volunteer coaches, Mrs. Machuca, Mr. Navarro, & Ms. Reyes for leading these girls to victory!

Our 7/8 girls are still in action over in the Camarillo league! Their season goes all the way into December! Come out and support!

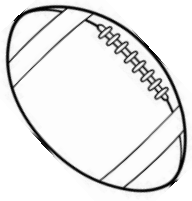
Our 3, 4, 5, & 6th grade flag football teams have also finished off their season in the Oxnard League. Way to play, tigers!
Our Jr Hi team is still in play for the Camarillo league! There are still chances for you to come out and support!



Want to come support our tiger athletes? There are PLENTY of opportunities!! Be sure to come out this week and show your tiger pride by wearing your blue Mesa tiger spirit shirt!

Tuesday, Nov 28, 3:30PM, Mesa vs. CAPE, Monte Vista
Thursday, Nov. 30, 4:30PM, Mesa vs. LPSSA, Monte Vista

Monday, Nov. 27, 3:30PM, Mesa vs. CAPE, at CAPE



COMING IN JANUARY….

GO TIGERS!

FIVE GUYS®

COMMUNITY Night

Mesa Union School PFO

Needs your support!

Join us on **November 29, 2017** from **4:00 p.m. - 9:00 p.m.** at
Oxnard Five Guys
2730 Portico Way, Oxnard, CA 93036

Five Guys will donate 20% of your purchase
on November 29, 2017
from 4:00 p.m. - 9:00 p.m.
to **Mesa Union School PFO**.

FIVE GUYS HOLDINGS ©2014 FGE/360/0414/E

Mesa Union PFO's Annual Holiday Family Movie Night

Feature Film:

Friday December 8th at 5:30pm
in the Mesa Union Cafeteria

We invite your family to join in a festive evening featuring:
Holiday Craft Activities, Family Gingerbread House Contest, Photo Booth, Hot Chocolate Bar, and a visitor from the North Pole.

PFO will be providing FREE refreshments during the film:
Hot Dogs, Popcorn, Cotton Candy and Lemonade

Bring your cozy blankets, comfy chairs, and dress in your best Pajamas!

Each family is welcome to submit one decorated gingerbread house into the contest, have fun building and creating your masterpieces together.

Noche de Película Navideña en Mesa Union PFO'

Película:

Viernes 8 de Diciembre a las 5:30pm
En la Cafetería de Mesa Union

Lo invitamos a usted y a su familia a que nos acompañe a una tarde de fiesta para disfrutar de:
Manualidades, Concurso Familiar de Casas de Gingerbread,Caseta de Fotos, Barra de Chocolate Caliente y un visitante del Polo Norte.

PFO proveerá refrigerios GRATIS durante la película :
Hot Dogs, Palomitas, Algodon de Azucar y Limonada.

Traiga sus cobijas, sus sillas cómodas y vístase con sus mejores pijamas!
Cada Familia es bienvenida a participar en Concurso de Casas de Gingerbread con una sola casa, así que diviértanse construyendo y creando sus obras de arte.

CANNED FOOD & JACKET DRIVE

November 27th – December 13th

Please bring canned & dry goods to your classroom.

Please drop off gently used sweaters/jackets of all sizes on the table in Kindergarten courtyard.

Help us to assist needy families in our community, allowing them to enjoy the holiday season in ways that wouldn't be possible without our support!

We are also in need of frozen turkeys and pies. If you are able to donate please contact Mrs. Cousino in the office!

lecousino@mesaschool.org

RECAUDACION DE ALIMENTOS ENLATADOS Y CHAQUETAS

27 de noviembre – 13 de diciembre

Por favor traiga alimentos enlatados y secos a su salón.

Por favor deje suéteres/ chaquetas no muy usados de todos los tamaños en la mesa en el patio del jardín de Kinder.

¡Ayúdenos a ayudar familias necesitadas en nuestra comunidad, permitiéndoles disfrutar de la temporada navideña en formas que no serían posibles sin nuestro apoyo!

¡También necesitamos pavos y pasteles congelados. Si usted puede donar por favor póngase en contacto con la Sra. Cousino en la oficina!

lecousino@mesaschool.org

Black Friday & Cyber Monday are Coming!

Support Mesa Union School while you shop!

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Help support Mesa Union School
Shop with Amazon Smile

www.smile.amazon.com
.5% of all eligible purchases will be donated to Mesa Union PFO
Register today!

How to Register:

Visit www.smile.amazon.com

Select **Mesa Union PFO** as your charitable organization

Start Shopping! Just make sure you you're on www.smile.amazon.com

Without the "smile" Mesa Union School will not receive the credit

Shop Black Friday & Cyber Monday at

www.smile.amazon.com

Do you have a child who ponders deeply, learns impatiently, feels intensely, and follows the beat of their own drum?

Parenting Your Gifted Child

SENG: Supporting the Emotional Needs of the Gifted

SENG Model Parent Support Group

Meetings will be on Wednesday mornings from 8:30- 10:00am

October 11, October 25, November 8, November 29, December 6, December 13

Mesa Union School Computer Lab

3901 N. Mesa School Rd. Somis, CA 93066

Many of our children have gifts, but not all students are formally identified as gifted. Some have *asynchronous development*: profound strengths mixed with neuro-typical, or delayed abilities creating a confusing profile. SENG groups offer parents an opportunity to share ideas, strategies and support in a relaxed setting, guided by SENG-trained facilitator. We emphasize positive parenting, avoiding power struggles, developing life skills, and enhancing relationships.

Our topics follow the chapters of
A Parent's Guide to Gifted Children by James Webb
When Gifted Kids Don't Have All the Answers by Judy Galbraith and Jim Delisle
Please purchase and read chapters prior to sessions.

Sessions are paired and will build upon each other. Please sign up for both.

✓ **October 11 & 25**– Motivation, Homework, and Unpreffered Tasks (Parent's Guide Ch. 4 and When Gifted Kids Ch. 5)

✓ **November 8 & 29**– Perspectives and Flexible Thinking: Communication Processes (Parent's Guide Ch. 3 and When Gifted Kids Ch. 3)

✓ **December 6 & 13**– Asynchrony and Twice Exceptional: The Unique Profiles of our Gifted Community (Parent's Guide Ch 2 & 12 and When Gifted Kids Ch. 6)

Please contact Michele Waggoner: mwaggoner@mesaschool.org
for more information and to register. $20 per paired session donation is suggested.

Facilitator: **Cindy Hansen M.Ed., ET/P**

"My passion for serving the twice exceptional community and gifted students began with my two very different children who became my first students and mentors." Cindy Hansen has been a SENG Model Parent Group Facilitator since 2011. She is the Parent Representative for the Pacific Region of the California Association for the Gifted and an active member in the region's Tri-County GATE Council as well as her professional certifying organization, the Association of Educational Therapists. As an Educational Therapist/Professional in private practice, Ms Hansen integrates her understanding of social-emotional skills while assisting learners and their families to embrace and grow their complex learning profiles. ***www.CynthiaZHansen.com***

¿Tiene un niño que reflexiona profundamente, aprende con impaciencia, tiene sensaciones intensas, y sigue el ritmo de su propio tambor?

Crianza de un Niño Dotado

SENG Apoyando las necesidades emocionales de los Dotados

SENG Grupo Modelo de Apoyo para Padres

Las reuniones serán los miércoles por la mañana de 8:30-10:00a.m.

Octubre 11, octubre 25, noviembre 8, noviembre 29, diciembre 6, diciembre 13

Laboratorio de Computadoras de Mesa Union

3901 N. Mesa School Rd. Somis, CA 93066

Muchos de nuestros niños tienen dones, pero no todos los estudiantes son formalmente identificados como dotados. Algunos tienen *desarrollo asincrónico:* fortalezas profundas mezcladas con neurotípico, o habilidades retrasadas creando un perfil confuso. Grupos de SENG ofrecen a los padres la oportunidad de compartir ideas, estrategias y apoyo en un ambiente relajado, guiado por facilitador capacitado–SENG. Hacemos hincapié en la crianza positiva, evitando luchas de poder, desarrollo de habilidades para la vida, y mejora de las relaciones.

Nuestros temas siguen los capítulos de la
Guía Para Los Padres de Niños Dotados por James Webb
Cuando los Niños No Tienen Todas las Respuestas de Judy Galbraith y Jim Delisle
Por favor, compre y lea los capítulos antes de las sesiones.

Las sesiones son emparejadas y se desarrollan una sobre la otra.
Por favor, registrese para ambas.

- ✓ **Octubre 11 y 25**– Motivación, Deberes y Tareas No preferidas (Guía para Padres Capítulo 4 y Cuando Niños Dotados Capítulo 5)
- ✓ **Noviembre 8 y 29**– Perspectivas y Pensamiento Flexible: Proceso de Comunicación (Guía para padres Capítulo 3 y Cuando Niños Dotados Capítulo 3)
- ✓ **Diciembre 6 y 13**– Asincronía y Dos veces Excepcional: Los Perfiles Únicos de Nuestra Comunidad Dotada (Guía para padres Capítulo 2 y 12 y Cuando Niños Dotados Capítulo 6)

Por favor, póngase en contacto con Michele Waggoner: mwaggoner@mesaschool.org **para obtener más información y para registrarse.** Se sugiere $ 20 por sesiones emparejada.

Facilitador: **Cindy M. Ed Hansen, ET / P**

"Mi pasión por servir la comunidad dos veces excepcional y estudiantes dotados que comienzan con mis dos niños muy diferentes y se convirtieron en mis primeros estudiantes y mentores" Cindy Hansen ha sido un facilitador del Grupo de Padres SENG Modelo desde 2011. Ella es la Representante de Padres para la región del Pacífico de la Asociación de California para los Dotados y un miembro activo en el Consejo GATE Tri-County de la región, así como su organización certificadora profesional, la Asociación de terapeutas de la Educación. Como una terapeuta educativa/profesional en la práctica privada, la señora Hansen integra su comprensión de habilidades sociales y emocionales, mientras que asisten a los estudiantes y sus familias para abrazar y hacer crecer sus perfiles de aprendizaje complejo.
www.CynthiaZHansen.com

Board of Trustees:
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Steven Sullivan

Superintendent
Jeff Turner
Principal
Dr. Stephen Bluestein

"Honor the Past, Live in the Present, Drive to the Future….The Mesa Way!"

NOTICE OF IN-HOUSE VACANCY

November 28, 2017

POSITION: **Facilities Worker**

SALARY RANGE: $16.50-$20.05

TERMS OF CONTRACT: 5 days a week, 8 hours per day (1:30pm-10:00pm)

RESPONSIBLITIES: Perform routine day or evening custodial activities; perform minor maintenance and repair to equipment and systems; maintain buildings and adjacent grounds area in a clean, orderly and secure condition.

KNOWLEDGE AND ABILITIES: Basic methods, materials, tools and equipment used in custodial and maintenance work. Basic methods of cleaning floors, carpets, furniture, walls and fixtures.
Operation and maintenance of custodial and maintenance equipment and hand and power tools.
Proper lifting techniques.

EDUCATION AND EXPERINCE: Any combination equivalent to graduation from high school and sufficient training and experience to demonstrate the knowledge and abilities of a facilities worker.

APPLICATION PROCESS: Must submit classified application. Resume, letter of interest, (3) letters of reference dated within the last 18 months. Applications are available at the school office or submit an application online at www.edjoin.org.

Documents must be submitted to:
Classified, Mesa Union School District,
3901 North Mesa School Road,
Somis, CA 93066

APPLICATIONS CLOSE: **November 28, 2017 at 3p.m.**

NOTE: It is the responsibility of the applicant to assure that the application is complete and received by the District. Only those candidates whose application files are complete will be considered. Upon selection, proof of American citizenship or right to work legally in the United States will be required

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER

December 2017

Mesa Union School

BREAKFAST

Menu subject to change. Breakfast served before school and during all morning recesses. All meals served with choice of 1% regular or nonfat TruMoo chocolate milk. Please make sure you keep your student's accounts current at all times. You can check your children's accounts on Parent Connect at all times. Payments can be made in the office or online on Paypal. Thank you, Debbie dsussex@mesaschool.org

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

This establishment is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
	Happy Holidays from all of us in the Cafeteria			1 Cereal, Fruit, Juice, Milk
4 Cherry Frudel, Cheese Stix, Fruit, Milk	5 Tornadoes, Fruit, Juice, Milk	6 Muffins, Yogurt, Fruit, Milk	7 Cinnamon Rolls, Scrambled Eggs, Fruit, Milk	8 Cereal, Fruit, Juice, Milk
11 Sausage Dogs, Fruit, Juice, Milk	12 Apple Frudel, Cheese Stick, Fruit, Milk	13 Muffins, Yogurt, Fruit, Milk	14 Waffle Stix, Scrambled Eggs, Fruit, Milk	15 Cereal, Fruit, Juice, Milk
18 Strawberry Bagelfuls, Fruit, Juice, Milk	19 Breakfast Burritos, Fruit, Juice, Milk	20 Muffins, Yogurt, Fruit, Milk	21 Pancakes, Scrambled Eggs, Fruit, Milk	22
25	26	27	28	29

December 2017

Mesa Union School

LUNCH

Menu subject to substitution. All meals served with choice of 1% regular or nonfat TruMoo chocolate milk. Salad Bar offered daily to all students. Students may purchase milk and water during the school day and our Snack Shop is open after school. Please make sure your student's accounts are kept current at all times. Payments may be made in the office or on Parent Connect thru PayPal. Thank you, Debbie Sussex dsussex@mesaschool.org

Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

This establishment is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
	Happy Holidays from all of us in the Cafeteria			1 Homemade Pizza, Salad w/dressing, Fruit, Milk, Salad Bar
4 BBQ Chicken, Cornbread, Fruit and Veggies, Milk, Salad Bar	5 Grilled Cheese Sandwich, Homemade Soup, Fruit, Milk, Salad Bar	6 Cheeseburgers, French Fries, Fruit, Milk, Salad Bar	7 Taco Bowls w/Rice and Beans, Fruit, Milk, Salad Bar	8 Homemade Pizza, Salad w/dressing, Fruit, Milk, Salad Bar
11 Orange Chicken, Rice Bowls, Veggies and Fruit, Milk and Fortune Cookies, Salad Bar	12 Spaghetti, Garlic Bread, Fruit, Milk, Salad Bar	13 Corndogs, Tater Tots, Fruit, Milk, Salad Bar	14 Bean and Cheese Burritos, Spanish Rice, Fruit, Milk, Salad Bar	15 Homemade Pizza, Salad w/Dressing, Fruit, Milk, Salad Bar
18 Hotdogs, Homemade Chili, Fruit, Milk, Salad Bar	19 Mac-N-Cheese, Breadsticks, Fruit, Milk, Salad Bar	20 Chicken Nuggets, French Fries, Fruit, Milk, Salad Bar	21 Chicken and Gravy, Mashed Potatoes, Fruit and Country Biscuit, Pumpkin Cake, Milk, Salad Bar	22
25	26	27	28	29

REGISTER NOW

El Rio ASA Fastpitch Softball features divisions for ages 3-16. We are committed to helping the young girls of our community. Girls of all skill levels welcomed to join.

- ✦ Divisions 6U - 14U - $200 up-front earn back $80
- ✦ NEW Co-Ed Blastball division for ages 3 and 4 - $130 up-front earn back $40
- ✦ Registration includes uniform, socks, sweatshirt, pictures & trophy
- ✦ Register Online - ElRioFastPitch.com
- ✦ Register in person - View our Facebook page
- ✦ WE ACCEPT ALL MAJOR CREDIT CARDS, CASH, OR CHECKS

facebook.com/elriofastpitch

ElRioFastPitch.com

Questions Contact:
(805) 338-0940

info@ElRioFastPitch.com

REGISTER NOW

El Rio ASA Fastpitch Softball features divisions for ages 3-16. We are committed to helping the young girls of our community. Girls of all skill levels welcomed to join.

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facebook.com/elriofastpitch

ElRioFastPitch.com

Questions Contact:
(805) 338-0940

info@ElRioFastPitch.com

TITAN WATER POLO CLUB

SPRING SEASON 2018 YOUTH WATER POLO
Ages 8-14

- Rio Mesa High School Pool
- January 8-April 22, 2018
- M, T, & TH (Rio Mesa Pool)
- 6:15—8:15 p.m.
- Saturday games in Ventura Co.
- $400.00~15 week season
- Call or email for information:

Debi Owens: debio21@hotmail.com
(805) 443-0491 (cell)

Non Profit # 45-5046417

www.titanwaterpoloclub.com